

THE VERONA AREA SCHOOL DISTRICT

Community EDUCATION

Fall 2019



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A MESSAGE FROM THE VERONA AREA SCHOOL DISTRICT SUPERINTENDENT

The Verona Area School District subscribes to the philosophy that public schools are owned and operated by and for its patrons and that the schools are an integral part of the community. Community involvement is an important aspect of our school district with opportunities provided to residents through VASD Community Education.

A new Verona Area School District Community Education brochure is produced each fall and spring and is available to view on the VASD website as well as being mailed to all community residents. The opportunities outlined in the brochure represent educational and recreational classes offered to residents by community members and through partnerships with municipal agencies and other organizations. In the brochure you will also find other important information regarding the school district and community events.

The Verona Area School Board recognizes that school facilities are a valuable asset to the community and encourages their use.

Dean Gorrell
Verona Area School District Superintendent

Verona Area Board of Education

Noah Roberts President
Meredith Christensen Vice President
Amy Almond Treasurer
Thomas Duerst Clerk
Carolyn Jahnke Deputy Clerk
Debbie Biddle Member
Kristina Navarro-Haffner .. Member
Dean Gorrell Superintendent

Verona Area School District Buildings

Administration Office
700 N. Main Street, Verona 845-4300
Badger Ridge Middle School
740 N. Main, Verona 845-4100
Verona Area Core Knowledge® Charter School
740 N. Main, Verona 845-4130
Country View Elementary
710 Lone Pine Way, Verona 845-4800
Exploration Academy
400 N. Main, Verona 845-4560
Glacier Edge Elementary
800 Kimball Lane, Verona 497-2100
Natatorium
400 B N. Main Street 845-4635
New Century Charter School
401 W. Verona, Verona 845-4900
Savanna Oaks Middle School
5890 Lacy Road, Fitchburg 845-4000
Stoner Prairie Elementary
5830 DeVoro Road, Fitchburg 845-4200
Sugar Creek Elementary
420 Church Avenue, Verona 845-4700
Verona Area High School
300 Richard Street, Verona 845-4400
Verona Area International School
5830 DeVoro Road, Fitchburg 845-4293

VASD Fall 2019 School Calendar

August 23 First day of school for students
September 2 NO SCHOOL - Labor Day
September 9 K-5* Late Start (9:25AM;CKCS Elem 10:00AM)
September 16 K-12* Late Start (K-5 9:25AM;6-12 10:00AM,CKCS Elem 10:00AM)
September 23 K-5* Late Start (9:25AM;CKCS Elem 10:00AM)
September 30 K-12* Late Start (K-5 9:25AM;6-12 10:00AM,CKCS Elem 10:00AM)
October 7 K-5* Late Start (9:25AM;CKCS Elem 10:00AM)
October 14 K-12* Late Start (K-5 9:25AM;6-12 10:00AM,CKCS Elem 10:00AM)
October 21 K-5* Late Start (9:25AM;CKCS Elem 10:00AM)
October 24 NO SCHOOL- Parent Conferences
October 25 NO SCHOOL-Optional Teacher Staff Development Day
October 28 K-12* Late Start (K-5 9:25AM;6-12 10:00AM,CKCS Elem 10:00AM)
November 4 K-5* Late Start (9:25AM;CKCS Elem 10:00AM)
November 8 End of 1st Quarter
November 11 K-12* Late Start (K-5 9:25AM;6-12 10:00AM,CKCS Elem 10:00AM)
November 18 K-5* Late Start (9:25AM;CKCS Elem 10:00AM)
November 25 K-12* Late Start (K-5 9:25AM;6-12 10:00AM,CKCS Elem 10:00AM)
November 26 NO SCHOOL-CKCS MS/Elem-All other schools in session
November 21 NO SCHOOL - Comp Day - Teacher Flex Plan
November 27-29 NO SCHOOL - Thanksgiving Break
December 2 K-5* Late Start (9:25AM;CKCS Elem 10:00AM)
December 9 K-12* Late Start (K-5 9:25AM;6-12 10:00AM,CKCS Elem 10:00AM)
December 16 K-5* Late Start (9:25AM;CKCS Elem 10:00AM)
December 21 Last day before Winter Break
December 23-31 NO SCHOOL - Winter Break
January 1 NO SCHOOL - Winter Break
January 2 Resume School
January 6 K-12* Late Start (K-5 9:25AM;6-12 10:00AM,CKCS Elem 10:00AM)
January 13 K-5* Late Start (9:25AM;CKCS Elem 10:00AM)
January 20 NO SCHOOL
January 25 End of 2nd Quarter
January 27 NO SCHOOL - Optional Teacher Staff Dev. Day

HEALTH AND WELLNESS

The Verona Area Community Education Office is pleased to continue bringing lifelong learning opportunities to the Verona area. We continue our positive collaboration with the America Red Cross in bringing health and safety programs to the community, along with several businesses and residents offering their expertise as instructors.

La oficina de educación comunitaria Verona se complace en seguir trayendo oportunidades de aprendizaje para el área de Verona. Continuamos nuestra colaboración positiva con la Cruz Roja de Estados Unidos en llevar programas de salud y seguridad a la comunidad, junto con varias empresas y que ofrece sus conocimientos como instructores de residentes.

Dance Classes - Beginning-Saturdays

Looking for something fun to do? Try some dance classes! These classes are designed for beginning dancers, dancers with limited experience and dancers that want to learn a new dance. You will find a comfortable, non-threatening atmosphere to learn how to enjoy dancing together. You will learn, step-by-step the mechanics of the dance, how to lead & follow and how to move around the dance floor. Each week we will add more moves.

There will be a public dance from 7:30 to 9:30 PM each Saturday night, October through January, with a variety of music \$5.00 per person, or free to class participants. Please bring comfortable, clean-soled shoes. E-mail (mmoea@aol.com) or Call Mike & Deb Moe at 608-655-3250, if you have any questions.

Course # F220 - Country 2 Step

Dates/Times: Saturdays, 5:00-6:00PM
September 14, 21, 28, October 5, 12, 26
Location: **Stoner Prairie Elementary School Gym**
5830 Devoro Road, Fitchburg, WI 53711
Cost: \$70 per couple for six classes
Min/Max: 4/10

Course # F221- Cha Cha

Dates/Times: Saturdays, 6:15-7:15PM
September 14, 21, 28, October 5, 12, 26
Cost: \$70 per couple for six classes
Location: **Stoner Prairie Elementary School Gym**
5830 Devoro Road, Fitchburg, WI 53711

Course # F222 - Waltz

Dates/Times: Saturdays, 5:00-6:00PM
November 2, 9, 16, 23, 30 December 7, 14
Location: **Stoner Prairie Elementary School Gym**
5830 Devoro Road, Fitchburg, WI 53711
Cost: \$70 per couple for six classes
Min/Max: 4/10

Course # F223 - East Coast Swing

Dates/Times: Saturdays, 6:15-7:15PM
November 2, 9, 16, 23, 30 December 7, 14
Cost: \$70 per couple for six classes
Location: **Stoner Prairie Elementary School Gym**
5830 Devoro Road, Fitchburg, WI 53711
Min/Max: 4/10



Yoga for Wellness & Wellbeing

This alignment yoga course will integrate connecting the breath with body awareness and movement to improve balance, strength and flexibility as well as cultivate embodiment through meditation. We will focus on techniques to calm the nervous system by using the breath to help reduce tension and stress, while grounding the body and mind.

Each class will begin with meditation, followed by a variety of poses and conclude with a relaxing savasana. Alignment yoga is accessible to everyone and will include variations, progressions and challenges to suit what your body needs.

By the end of the 6-week class, you will be more resilient and have the tools to be more present with yourself and others. Join me on this path to a healthier and more mindful lifestyle!

Please bring a mat, yoga block or two, a strap and a large towel to roll up for support.

Course # F224

Instructor: Karen Ducharme, Certified Yoga Instructor
Days/Times: Thursdays - 7:00-8:00PM
Fees: \$72.00 per session
Dates: *Session 1: October 24, 31 November 7, 14, 21, 28*
Session 2: December 5, 12, 19 January 9, 16, 23, 30
Location: **VASD Administration Bldg.**
700 North Main
Verona, WI 53593
Min/Max: 12/25

Practical Self-Defense for Girls & Women

This class is designed for girls and women, ages 9 through adult, especially mom's and daughters. This course will show you and let you try some simple yet effective self-defense methods that have been proven to work against an attacker that's larger and stronger than you. We'll also cover situation awareness, and avoiding confrontations with possible "bullies" and attackers.
Please include the age(s) of the student(s) with your registration.

Course # F225

Instructor: Jeff Christensen, Chief Instructor
7th Degree Black Belt
Karate America - Verona
www.kaverona.com
Fee: \$10.00
Dates/Times: Tuesday, October 8, 2019, 6:00-6:45PM
Location: **Karate America Verona**
535 Half Mile Road
Verona, WI 53593
Min/Max: 5/25

Community Education Courses



Kids Introduction to Karate

Karate America

This course will give an overview of the martial arts, where you will learn basic kicks, punches, blocks. You will also learn some of the traditions of the Martial Arts plus work on your flexibility, balance, and strength. The class is open to kids and adults from age 4 and up. *Please include the age(s) of the student(s) with your registration. Students should wear workout clothes to class.*

Course # F226
Instructor: Jeff Christensen, Chief Instructor
7th Degree Black Belt
Karate America - Verona
www.kaverona.com
Fee: \$10.00
Date/Time: Tuesday, October 15, 2019, 6:00-6:45PM
Location: **Karate America Verona**
535 Half Mile Road
Verona, WI 53593
Min/Max: 5/25

YOU'RE ON THE AIR

How to Really Make it in Voice-Overs!
(A One-time 2 Hour Program)

YOU'VE HEARD WILL KAMP ON TV AND RADIO! Now hear Will LIVE as he illustrates how YOU could actually begin using your speaking voice for commercials, films and videos! Most people go about it the wrong way. Will is going to show you a unique, outside the box way to cash in on one of the most lucrative full or part-time careers out there! This is a business that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you've been looking for! Will Kamp, a successful voice-over artist, actor, and comedy improv performer, has done voice work ranging from Honda radio commercials to on-camera work for nationally recognized TV stations, to having been nominated "Best Comedic Actor"! You'll step up to the mic and do some practice recording, and best of all, you'll hear the results!

Course # F227
Instructor: **Will Kamp**
Fee: \$25.00
Date: Wednesday, October 23
Time: 6:30-8:30PM
Location: VASD Administration Building Conf. Room
700 N. Main St., Verona, WI 53593
Min/Max: 7/25



How to Program Your Human GPS System

Activate the 3 Realms of Positioning that Get You Where You Want to Go in Life

This 4-week self-development course integrates three essential components necessary to turn your dreams into reality, even if your dreams aren't entirely clear. It can be applied to short or long-term goals. This course is built on the premise that you are the expert of your life: creative, capable and resourceful. It's like a driver-assist program helping you explore your owner's manual and create your navigation vehicle. Using coaching tools, thought-provoking questions, and reflection we'll work on identifying or updating your mission, optics, and operating systems.

Each class will include a discovery activity with individual work time and a culminating Q & A. Each activity will build upon the last helping you program your customized GPS system as we go. This course is not intended for the self-development faint of heart. You will be positively challenged to build on your strengths and gifts while building your vision for your life to give you direction and structure. The material and tools in this course are accessible to everyone and are appropriate for beginners through advanced.

By the end of the 4-week series, you will feel more confident and focused and leave with a 2-page map to help you navigate forward motion toward your personal and/or professional dreams. You'll be able to reuse the map in the future. For more information about the course, go to www.HumanGPSSystem.com.

Module 1: Wednesday, October 2, 6:00-7:15pm
The Realm of Purpose: Explore your Mission

Module 2: Wednesday, October 9, 6:00-7:15pm
The Realm of Vision: Explore your Optics

Module 3: Wednesday, October 16, 6:00-7:15pm
The Realm of Action: Explore your Systems

Module 4: Wednesday, October 23, 6:00-7:15pm
Mission Possible: Putting it All Together

Course # F228
Instructor: Theresa Ann, PCC, PLCC, UWPCP
ICF Certified Life Coach
www.TheresaAnn.com
connect@theresann.com
Location: Glacier Edge Elementary Library LMC
800 Kimball Lane, Verona, WI 53593
Fees: \$75.00
Dates: October 2, 9, 16, 23
Time: 6:00-7:15PM
Min/Max: 4/20



Adult & Pediatric First Aid/CPR/AED

This course combines Adult, Child and Infant CPR with first aid. It is recommended for those interested in a complete overview of up-to-date AED, CPR and first aid procedures. Participants learn how to overcome reluctance to act and treat illness and injuries. Skills include controlling bleeding, caring for muscle, bone and joint injuries, treating burns, and responding to shock.

Course # F229
Instructor: American Red Cross
Fee: \$103.00
Date: Saturday, September 21, 2019
Time: 9:00AM-3:30PM
Location: VASD Administration Building Board Room
700 N. Main St., Verona, WI 53593
Min/Max: 8/12



Adult CPR & AED & First Aid

This course covers Adult CPR, including respiratory and cardiac emergencies, and an overview of first aid. Skills include controlling bleeding, caring for muscle, bone, and joint injuries, treating burns, and responding to shock.

Course # F230
Instructor: American Red Cross
Fee: \$88.00
Date: Saturday, October 12, 2019
Time: 9:00AM-3:00PM
Location: VASD Administration Building Board Room
700 N. Main St., Verona, WI 53593
Min/Max: 8/12

Babysitter's Training

Like any other occupation, babysitting requires specific tools to maximize your abilities. This course teaches the knowledge, skills and confidence to care for infants and school-age children. Participants learn how to respond to emergencies and illness, make decisions under pressure and recognize safety and hygiene issues. Upon successful completion of all the course requirements, participants will receive a Babysitters Training--Has Attended certificate. Prerequisite: Recommended participants be 11 years old. Please bring a sack lunch.

Course # F231
Instructor: Certified American Red Cross instructor.
Fee: \$85.00
Date: Saturday, October 5, 2019
Time: 9:00AM - 4:30PM
Location: VASD Administration Building Board Room
700 N. Main St., Verona, WI 53593
Min/Max: 10/10

Basic Life Support for Healthcare Providers

The purpose of the Basic Life Support for Healthcare Providers (BLS) course is to ensure that individuals with a duty to respond (public safety professionals and healthcare providers) have the requisite knowledge and skills to care for patients who are experiencing respiratory arrest, cardiac arrest, or airway obstruction. The emphasis is on providing high-quality care integrating psychomotor skills with the skills of critical thinking, problem solving and team dynamics to achieve the best possible outcomes.

Course # F232
Instructor: American Red Cross
Fee: \$70.00
Date: Saturday, October 19, 2019
Time: 9:00AM-3:00PM
Location: VASD Administration Building Conf. Room
700 N. Main St., Verona, WI 53593
Min/Max: 8/12

Basic Life Support for Healthcare Providers - Review

For participants with a current professional-level CPR/AED certification from the Red Cross or equivalent organization. This course will review the skills needed to respond appropriately to respiratory and cardiac emergencies.



Course # F233
Instructor: American Red Cross
Fee: \$70.00
Date: Tuesday, December 10, 2019
Time: 6:00-8:00PM
Location: VASD Administration Building Conf. Room
700 N. Main St., Verona, WI 53593
Min/Max: 8/12



Community Education Course Registration Options

You can register online for VASD Community Education Classes:



Usted puede inscribirse para las clases de Educación de comunidad VASD:

vasdcommmed.recdesk.com/community

To register for VASD Community Education by mail:
Para inscribirse en la educación de la comunidad VASD por correo;
Fill out the registration form listed below and mail to:



Please complete a SEPARATE registration form for each person and a SEPARATE CHECK for each class.

Registration is confirmed upon receipt of your payment of fees on a first-come, first-serve basis. In case of a class being canceled due to insufficient enrollment, you will be notified and your check will be refunded. Any additional fees for materials or books will be collected by the instructor at the first class session.

PLEASE NOTE:

If you register online for a VASD Community Education class you will receive a notice of confirmation at the time of registration. Be sure to register at least a week prior to the start of classes. If the minimum enrollment is not reached by that time, the class will be canceled.

REFUND POLICY:

If a class is canceled by the office, registration fees will automatically be refunded in full. A full refund will also be made if a student withdraws before the class begins. No refunds are given after a class begins.

NONRESIDENT FEES:

Courses are offered to nonresidents at a 50% higher fee, except those arranged with another agency.

SENIOR CITIZEN DISCOUNT:

Community members 62 years and older may attend classes at 50 % off the regular fee, unless otherwise noted.

When school is closed due to inclement weather all Community Education classes will be cancelled for that day.

Community Education REGISTRATION FORM

Name _____
Home Phone _____ Work Phone _____
Address _____
City _____ Zip _____
Email Address _____
Course# _____ Fee(s) _____
Course Title(s) _____
Exercise Class(es) _____

(Senior Citizens Discount 50%)
Checks Payable/Mail to:
VASD Community Education
700 North Main Street, Verona, WI 53593

FOR OFFICE USE ONLY

Date _____ Amt.\$ _____ Cash _____ Check# _____

Community Education REGISTRATION FORM

Name _____
Home Phone _____ Work Phone _____
Address _____
City _____ Zip _____
Email Address _____
Course# _____ Fee(s) _____
Course Title(s) _____
Exercise Class(es) _____

(Senior Citizens Discount 50%)
Checks Payable/Mail to:
VASD Community Education
700 North Main Street, Verona, WI 53593

FOR OFFICE USE ONLY

Date _____ Amt.\$ _____ Cash _____ Check# _____

**VERONA AREA
Performing Arts Series**

*The 2019-20 VAPAS performances
are held at the Verona High School
Performing Arts Center*

The 5th Dimension, Saturday, November 2, 2019 - 7:30PM

The Brothers Four, Saturday, February 15, 2020 - 7:30PM

The Six Appeal-Vocal Ensemble, Saturday April 25, 2020-7:30PM

*For performance and ticket information, call 848-2787
Tickets are available at the State Bank of Cross Plains-Verona
www.vapas.org*

VERONA AREA COMMUNITY THEATRE

*The goal of the Verona Area Community Theater, Inc.
is to provide theater experiences for the surrounding community.
For Ticket Information Call (608)845-2383*

Upcoming shows include:

Young Frankenstein
October 10, 2019 - 7:30PM
October 11, 2019 - 7:30PM
October 12, 2019 - 2:00PM
October 12, 2019 - 7:30PM
October 13, 2019 - 2:00PM

MAMMA MIA!
January 17, 2020 - 7:30PM
January 18, 2020 - 7:30PM
January 19, 2020 - 2:00PM
January 23, 2020 - 7:30PM
January 24, 2020 - 7:30PM
January 25, 2020 - 7:30PM

*VACT offers you the opportunity to utilize your talents.
Please check our website www.vact.org for these opportunities or*

FITCHBURG PUBLIC LIBRARY 608-729-1760 www.fitchburgwi.gov/library

The Fitchburg Public Library is pleased to be a member of the 52 other libraries that make up the South Central Library System. Stop by and sign up for a library card, or continue to use your current SCLS library card. There is something for everyone at the Fitchburg Public Library including: separate spaces for children, teens, & adults, over 30 public computers and three public meeting spaces.

The Fitchburg Public Library is pleased to offer:

Books	Large Print Books	Meeting Rooms	Adult Programs
Audio Books	Magazines & Newspapers	Study Rooms	Teen Programs
Music CDs	Online Databases	Book Discussions	Children's Programs
DVDs	Internet / Wireless	Research Assistance	Movie Showings
E-books	Laptops with Internet Access	Consumer Information	Early Literacy Toys

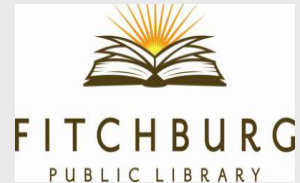
Storytimes are held throughout the year for babies (ages 0-2), toddlers (ages 2-5), & families (all ages). The library also features bilingual (English/Spanish) storytimes each month. Please contact the library for further information & exact times.

The Youth Services department offers multiple programs which are listed on the Fitchburg Library website. **Please check our calendar!**

Hours: Monday - Thursday - 9:00 a.m. to 9:00 p.m.
Friday & Saturday - 10:00 a.m. to 6:00 p.m.

Website: www.fitchburgwi.gov/library

Phone: 608-729-1760 **Address:** 5530 Lacy Road, Fitchburg, WI 53711



VERONA PUBLIC LIBRARY 845-7180 email: vpl@ci.verona.wi.us

Whether it's a quiet place to read next to a fireplace, to access to free Internet or wireless connections, to get professional research assistance, to bring friends and family for entertaining and educational programs, or to pick-up the latest book, magazine, or movie, the Verona Public Library is sure to have something for you. With a library card you may borrow and return materials wherever it is most convenient for you within the South Central Library System which includes 45 public libraries throughout a seven county area, including the eight branches of the Madison Public Library and the bookmobile from the Dane County Library Service.

Hours: Monday-Thursday 9:00 AM-9:00 PM
Friday 9:00 AM-5:00 PM (*open until 6PM beginning 9/1/16*)
Saturday 9:00 AM-4:00 PM

Website: www.veronapubliclibrary.org

Your Public Library Provides:

Books	CD-Roms	Internet & Wireless	Tax Forms
Audio Books	Large Print Books	Free Computer Lab	Meeting Rooms
Paperbacks	Scanner	Book Discussions	e-readers for checkout
Music CD	Magazines & Newspapers	Fax - Send & Receive	Exam Proctoring
DVDs	Historic Microfilm	Computer Classes	Children's Storytimes
Downloadable Content	Subscription Databases	Research Assistance	Teen Events
Business & Investment Info	Adult Programs	Consumer Information	Automotive Repair Manuals

Story Times are held throughout the year. Check the library website or call for scheduling information.

Baby Story Time (Ages 0-18 months)

A lap-sit Story Time for infants that includes stories, songs, bounces and rhymes, followed by a time to play and visit. 30 minutes.

Toddler Story Time (Ages 1-2 years)

Toddler Story Time includes stories, songs, fingerplays and crafts. Children attend with caregiver. 30 minutes.

Preschool Story Time (Ages 3-5 years)

Preschool Story Time includes stories, songs, puppets, and more. 30 minutes.

Everybody Story Time (Ages 0-5)

Everybody Story Time is held in the evening and is a time for families to learn together. 30 minutes.

Sensory Friendly Story Time (Ages 3-5)

Build communication & friendship skills in a supportive environment. Meets throughout the school year except holidays and school breaks. 30 minutes



THE VERONA RECREATION DEPARTMENT

Fall 2019 848-6815

VERONA PARKS & RECREATION OFFICE INFORMATION

Location: Verona Public Works, Parks and
Recreation Building
410 Investment Court
Verona, WI 53593

Hours: 7:30 a.m. to 4:00 p.m.
Monday thru Friday
(Open during the noon hour)

Telephone: Main Office: (608) 848-6695
Direct to Casey: 608) 848-6815

Rec. Web Site: www.ci.verona.wi.us

Registration: www.activityreg.com/clientpage_tl.wcs

EMPLOYMENT OPPORTUNITIES!

The City of Verona Recreation Department employs many individuals to work as sports instructors, officials, and supervisors. We may have openings in the following positions.

- Youth Soccer Referees
- Flag Football Referees
- Adult Basketball Referees
- Beach concession/admissions
- Tennis, Baseball, Lacrosse, Soccer Instructors
- Playground Coordinators
- Playground Aides

Don't Delay, apply for a fun rewarding job today!
Call us at **848-6815**

The **Verona Recreation Department** offers a wide selection of leisure time activities throughout the fall and winter. Fall is the time for **Youth NFL Flag Football, Youth Soccer, Youth Dance, Babysitting Training and Adult Exercise Classes**. Again this fall will be offering NFL Youth Flag Football for boys and girls in kindergarten through 8th grade. Youth Fall Soccer is offered for boys and girls pre-k to 3rd grade. Babysitter training classes are also being offered throughout the fall/winter. Youth enrichment classes will be offered in conjunction with the Engineering for Kids and Rhapsody Arts Center.

In the winter, the **Verona Recreation Department** offers **Youth Recreational Basketball and Volleyball**. Youth Basketball is offered for boys K – 8th grade and for girls in Kindergarten through 6th grade with an emphasis on fun and fair play. Youth Volleyball is offered to kids grades 5-8th with an emphasis on skill development and competition in a fun setting.

The **Verona Recreation Department** also has several Adult offerings which include **Adult Exercise Classes, Volleyball, Basketball, and Kickball Leagues**. For more information regarding adult programs contact the Verona Recreation Department @ 845-6695 today!

Registration forms can be found at our web-site at: www.ci.verona.wi.us/recreation

The Fall/Winter Brochure will be available online approximately the 2nd week of August. Those of you who would like to receive a brochure via email can send an email to casey.dudley@ci.verona.wi.us and we will get one to you. Don't wait to register, or you could be too late! Reminder, you can register online at www.activityreg.com/clientpage_tl.wcs

For Program Information Visit: www.ci.verona.wi.us

To register on-line: www.activityreg.com/clientpage_tl.wcs



FITCHBURG RECREATION

Fall 2019 YOUTH PROGRAMS

270-4286



Location: Fitchburg Community Center
5520 Lacy Rd
Fitchburg, WI
Phone: 608-270-4285
Hours: M-F, 7:30AM to 4:30PM
Website: www.fitchburgwi.gov



Like us on Facebook at www.facebook.com/fitchrec to receive the latest program information.

Recreation Programs

The Fitchburg Recreation Department offers a wide array of programs for youth and adults. From sports and fitness to enrichment classes, we have something for everyone.

To view a current listing of activities please visit our online registration page at

<https://apm.activecommunities.com/fitchburg/Home>

Below is a sampling of programs offered.

- Youth Soccer
- Youth Dance
- Youth Basketball
- Painting Classes
- Zumba
- Adult Volleyball
- Ski trips
- Martial Arts
- Youth Flag Football
- Yoga & Mindfulness Classes

Fitchburg Community Center Rentals

The Fitchburg Community Center, located at 5510 Lacy Road, is a multipurpose facility designed to provide space for governmental meetings, civic meetings and social events. If you are looking for a facility for your next event, please contact us at 270-4285 to inquire about availability or to schedule a time to tour the facility.

Visit our website for other programs offered:
<https://apm.activecommunities.com/fitchburg/Home>

VERONA SENIOR CENTER

108 Paoli Street, Verona, WI 53593

Senior Center Hours:

Monday, Tuesday, Wednesday & Friday,
8:30AM-4:30PM, Thursday 8:30AM to 7:00PM

Phone: 608-845-7471 Fax: 608-848-2784

Senior Center Website: www.ci.verona.wi.us
or www.veronaactiveadults.org

Staff: Julie Larson, Case Manager
Becky Lobsy, Case Manager
Alasa Wiest, Program Manager
Jamie Amers, Nutrition Coordinator
Barb Rasmussen, RN
Jan Paul, Programs Assistant

The Verona Senior Center offers programs and services for adults age 55 and over, including meals, transportation, case management, health & wellness programs, exercise classes, veterans group, support groups, musical entertainment, special events, and more. We also offer Dementia friendly training for local businesses.

Programs and Activities:

- Yoga, Tai Chi, Line Dancing, & Exercise Classes
- Educational Presentations
- Special Events
- Musical Entertainment
- Veterans Group
- Computer Assistance
- Cards, Games, and Films
- Day Trips & Shopping
- Arts & Crafts

Health and Wellness Support

- Congregate & home delivered meals (RSVP required)
- Case Management Services
- Wellness Nurse
- Transportation to meals/medical appts.
- Healthy Lifestyles Discussion Group
- Caregivers Support Group
- Parkinson's Support Group
- Early stage memory loss program
- Foot Care, including Diabetic Foot Care
- Chair Massage & Feflexology
- Loan Closet - wheelchairs, walkers, etc.

FITCHBURG SENIOR CENTER

5510 E. Lacy Road, Fitchburg, WI, 53711

Senior Center Hours:

Monday-Friday, 8:00-4:00PM

Phone: 270-4290

Staff: Jill McHone, Director
David Hill, Asst. Director
Suzie Jones, Office Manager
Mandi Miller, Nutrition Site Manager and Volunteer Coord.
Amy Jordan, Social Worker
Sarah Folkers, Social Worker

Ongoing Activities:

- **Meals** served Monday-Friday at noon. Please call 270-4290 by noon the day before to reserve a meals and transportation.
- **Home Delivered Meals** - Available Monday thru Friday by request to the homebound or those unable to prepare meals.
- **Footcare** - Regular and Diabetic footcare offered through Home Health United. Call for schedule, pricing and to make an appointment - 270-4290.
- **Massage** - Please call the Senior Center for days, times and fees.
- **Ongoing Classes** - There a wide range of classes offered ranging from arts and crafts to technology. Call the Senior for the most recent offerings.
- **Social Groups:** Bunco, Euchre or 500, Bingo, Social Bridge, Dominoes, Mah Jong, Scrabble, Sheepshead, Discussion Group, Active Women's' Group, Active Men's' Group. Call for more specific information.
- **Blood Pressure Screening** - Offered monthly. Please call the Senior Center fo current day/time.
- **Transportation** - For rides to the Senior Center for the meals and to local shopping destinations, please call the Senior Center. Reservations for these rides must be made a day in advance.
- **RSVP Driver Escort** - For rides to the doctor, dental appointments, etc. - call 270-4290 at least five days in advance to schedule a ride..
- **Senior Exercise** - There are a wide range of health and wellness classes offered on a weekly basis. Please call the Senior Center for current offerings, schedules and pricing.
- **Social Work Services** - Connection to services and caregivers to help older adults stay in their homes. Fitchburg residents can call the center at 270-4290, or leave a message.

Monthly Newsletter - contains schedules of events, menus and helpful information for seniors and are available monthly at the Senior Center for pick up or access online at: www.city.fitchburg.wi.us

All area residents who are 62 years and older are eligible to receive a Gold Card. Gold Cards entitle the bearer to free admission to plays, forensics, sporting events, non-WIAA tournaments, and various other activities sponsored by the Verona Area School District. Applications are available at both Senior Centers and at the District Office. The VASD welcomes and encourages you to share in these activities.

Verona Area Natatorium Information

Verona Area Natatorium Mission Statement

To provide the entire Verona Area School District community with a wide range of equitable, safe, educational, and fun aquatic activities and programs.

General Information

Get your Natatorium Programs & Schedules Electronically

You can sign up to receive Natatorium information via e-mail. Do so by going to the [Verona Area School District Website at www.verona.k12.wi.us](http://www.verona.k12.wi.us), click on Select a School (top left hand corner). Then click on Verona Natatorium. On the front page you will find the [Natatorium Newsletter Sign-up](#). Click on that and follow the prompts.

Resident/Non Resident

A resident is someone who resides within the Verona Area School District. A Non-Resident is anyone who resides outside the Verona Area School District.

Program Cancellations

All classes must have a minimum number of students. The Natatorium reserves the right to cancel, combine, or make schedule revisions as necessary.

Family Swim

Family Swim is designed as a time for families to swim together. All children, must have an adult in the water with them at all times. Families are welcome to bring pool toys with them to family swim. Water wings, floating rings, and air mattresses will not be allowed. A lap lane will be provided during Family Swim unless the pool is crowded.



Verona Area Natatorium Swimming Fees 2019-2020 Membership Information

SCHOOL YEAR FEES: Daily Fees

DAILY FEES:	Resident	Non-Resident
Youth - Under 18	\$2.00	\$3.00
Adult	\$3.00	\$4.00

Membership Fees:

Natatorium - 6 Month Pass

School District Resident

Individual - \$55.00

*Family - \$95.00

Non-School District

Individual - \$110.00

Family - \$135.00

Annual Pass - (Begins on date of Purchase)

School District Resident

Individual - \$110.00

*Family - \$190.00

Non-School District

Individual - \$220.00

Family - \$270.00

Membership forms are available at the Natatorium Office

Make checks payable to VASD (Verona Area School District) & drop off at or mail to: Verona Area Natatorium, 400B N. Main St., Verona, WI 53593

Get Your Natatorium Programs & Schedules Electronically

If you have Internet Access, you can sign up to receive Natatorium information via e-mail. You can do this by going to the Verona Area School District Web Site at www.verona.k12.wi.us and under District Information, you will find the link [Subscribe to VASD Newsletters](#). Click [Subscribe](#), and follow the prompts.

SENIOR CITIZENS

Resident Senior Citizens may use the pool daily at no charge (62 years of age and older). A Senior Citizen Gold Card may be obtained at the District Office. Fees will be charged for classes and pool rentals.

Snow Days Weekend Cancellations

If the weekend weather is questionable - please call the Natatorium at 845-4635. Cancellation information will be provided.

School Day Cancellations

When the Verona Area School District closes due to weather, all Natatorium Programs will be cancelled also!

SWIM DIAPERS

Swim Diapers (cloth or disposable) are required (by State Law) for all non-toilet-trained individuals.



Verona Area Natatorium Information

Master Swim Program

The Master Swim Program is an organized coach program for Adults. Practice sessions will consist of stroke techniques and development of all four racing strokes, starts, and turns. The program will also focus on developing general fitness, endurance and speed.

Anyone looking for any or all of the following should consider the program: general higher level of fitness, competition, triathlon and open water swimming. The program runs Monday and Wednesday evenings from 8-9 PM. Registration will not be taken over the phone, payment must accompany registration to hold a spot in the class.

Session 1 - Mondays & Wednesdays, 8-9PM

September 23 - October 30, 2019

Session 1 Fees: \$75.00 VASD Resident - \$90.00 Non-Resident

Session 2 - Mondays & Wednesdays, 8-9PM

November 5 - November 4 - December 18 (no class 11/27/19)

Session 2 Fees: \$75.00 VASD Resident - \$90.00 Non-Resident

Session 3 - Mondays & Wednesdays, 8-9PM

January 6 - March 11

Session 3 Fees: \$120.00 VASD Resident - \$140.00 Non-Resident

Session 4 - Mondays & Wednesdays, 8-9PM

March 16 - May 27 (no class 3/23 & 3/25, May 25)

Session 3 Fees: \$120.00 VASD Resident - \$140.00 Non-Resident

SENIOR WATER EXERCISE

A Water Exercise classes for adults age 62 and older are offered on Mondays & Wednesdays throughout the school year. A possible 3rd class may be available once the school schedule is determined. No pre-registration is necessary.

Session A - Mondays, 2:20-3:05PM; Wednesdays, 2:20-3:05PM

September 4, 6, 9, 11, 13, 16, 18, 20, 23, 25, 27, 30
October 2, 4, 7, 9, 11, 14, 16, 18

Session B - Time will be determined once the school schedule is known.

October 21 - December 13

Session C - Time will be determined once the school schedule is known.

December 16 - February 14

Session D - Time will be determined once the school schedule is known.

February 17 - April 19

Session E - Time will be determined once the school schedule is known.

April 13 - May 29

Session Fees: **Drop-In Class Fee**
\$1.00 VASD Resident
\$2.00 Non-Resident

Refund Policy

Full refunds will be given if the Natatorium cancels a class. A prorated credit will be given only if severe illness or injury prevents participation. Individuals that register their children or themselves for more than one session at a time will not be eligible for a refund if they have placed their student in an incorrect class.

Program Cancellations

All classes must have a minimum number of students. The Natatorium reserves the right to cancel, combine, or make schedule revisions as necessary.

Missed Lessons:

Occasionally, students may need to miss a lesson. There are no make-up classes available for missed lessons.

SBR-Personal Best Swim Practices

Session 1 will focus on developing swimmers' aerobic fitness, strength and speed in the water. We will incorporate technique work into the workouts through drills and personal stroke feedback from the coaches. This will develop the swimmers' base for sessions 2 and 3.

This will be a great class for you if you have only spent 10 hours in the pool, or swim 10 hours per week swimming. The goal is for each swimmer to get the most out of any time spent in the pool. Confidence is built with having proper attention from a coach, and workouts to help you reach new levels.

Session 1A - Tues. & Thurs. 6AM-7AM

SBR-Focus on a Aerobic Fitness, Strength and Speed

October 29 - December 19, 2019 (no class, 11/27)

Session 1A Fees: \$115.00 VASD Resident - \$135.00 Non-Resident

Session 2A - Tues. & Thurs. 6AM-7AM

SBR-Focus on a "Base" phase with high yardage practices

January 7 - March 19, 2020

Session 2A Fees: \$150.00 VASD Resident - \$170.00 Non-Resident

Session 2B - Mon. & Wed. 6AM-7AM

SBR-Our Monday/Wednesday swims will focus heavily on technique development to improve swimming ability. Beginner friendly. The daily yardage will be less than the Tuesday/Thursday swims, though still providing a workout. SHORTER SESSION

February 5 - March 18, 2020

Session 2B Fees: \$105.00 VASD Resident - \$125.00 Non-Resident

Session 3A - Tues. & Thurs. 6AM-7AM

SBR-Focus on season prep phase w/threshold intervals by race pace

March 30 - May 28

Session 3A Fees: \$135.00 VASD Resident - \$155.00 Non-Resident



Natatorium News



WATER EXERCISE



Water exercise classes are offered on weeknights throughout the school year. Classes include a combination of muscle building exercises, aerobics, water resistance exercises, and stretching. Participants do not need to know how to swim. No pre-registration is necessary.

Class Dates are: Mondays/Wednesdays, 5:30-6:30PM

September 9, 11, 16, 18, 23, 25, 30

October 2, 7, 9, 14, 16, 21, 23, 28, 30

November 4, 6, 11, 13, 18, 20, 25, (No Class Nov. 27)

December 2, 4, 9, 11, 16, 18,

January 8, 13, 15, 20, 22, 27, 29

February 3, 5, 10, 12, 17, 19, 24, 26

Fees: \$3.00 Resident

\$4.00 Non-Resident

Youth Lap Swim

Swimmers under the age of 18 are welcome to swim laps during open swim. A lap lane will be provided during all open times unless the pool becomes crowded.

See Monthly Schedule for detailed times.

Adult Lap Swim

Adult Lap Swim is open to anyone 18 years of age or older. Circle swimming is encouraged during peak times. Please refer to the pool schedule for specific lap times. Swimmers under the age of 18 are welcome to swim laps during Open Swim times only. See Monthly Schedule for detailed times.

Adult & Teen Swim Lessons

Do you need to learn the basics of swimming?
Are you an OK swimmer, but want to improve your strokes?
Do you feel you could gain more benefits from swimming if someone could give you advice in "tweaking" your stroke or suggesting something different. If you answered YES to any of these questions, then adult lessons is the class for you.
Ages 15 and up. 5 Minimum - 10 Maximum

Session K

November 4 - December 16, 2019

Mondays, 7:30-8:10PM

Fees: \$40.00 VASD Resident \$57.00 Non-Resident

Waiver of Liability

The Verona Area School District is not responsible for any injuries sustained as a result of participation in any department sponsored activities, or while using district facilities. The Verona Area School District recommends that anyone enrolled in a program or using district facilities make provisions for adequate insurance coverage.

Pool Rentals & Rates

Please make reservations at least two weeks in advance. To make a reservation, call Angie Lucas at 845-4632. The Natatorium rental rates are charged to cover lifeguard and custodial services and facility use costs. The pool will not be rented for fundraising or profit making ventures. The Natatorium Director has the sole discretion to approve rentals. Pool Rules must be followed. The fee is required at the time of arrival. Adult supervision is required for all groups of children.

	RESIDENT	NON-RESIDENT
1-30 Swimmers	\$60.00 Per Hour	\$90.00 Per Hour
31-50 Swimmers	\$70.00 Per Hour	\$110.00 Per Hour
51-75 Swimmers	\$90.00 Per Hour	\$132.00 Per Hour



GROUPS

Groups are welcome to attend Open Swim. Please call in advance so we are aware that you wish to come. Groups over 12 swimmers are asked to rent the pool at a time other than Open Swim.

OPEN SWIM

Everyone is welcome to attend open swim. Children, 8 years of age and older may attend Open Swim without an adult. Children under the age of 8 must have a responsible person (15 or older) in the water with them at all times. Floatation devices are not allowed during Open Swim. A lap lane will be provided during Family Swim unless the pool is crowded. See Monthly Schedule for detailed times.

Fall 2019 Swimming Registration Information

Verona Area Natatorium (845-4635) Fall 2019 Community Swim Class Information

Lesson Rates: Youth & Preschool VASD Resident \$35.00
Youth & Preschool Non-Resident \$57.00

On-line Registration begins on Tuesday, August 20, 2019

You will be able to register on-line beginning Tuesday, August 20, 2019 by using the link listed below.

<http://veronanat.recdesk.com>

If you are unable to register on-line you can drop or mail-in your completed registration with payment. Registration forms can be found in the back of this program. Completed Registration forms that are mailed in or dropped off will be processed during work hours (8:00AM - 4:00PM) Monday through Friday.

Questions about Lessons? Call 845-4635
Or email: angie.lucas@verona.k12.wi.us, or castellm@verona.k12.wi.us
Web Site: www.verona.k12.wi.us. Click on Find your school.

Lessons are filled on a "first-come, first-serve" basis. All classes have limited space available, so register early. Please note that registrations will not be accepted over the phone. You will receive class confirmations from RecDesk upon registration.

Age Pre-Requisites:

Your child must be six months of age to participate in Parent-Tot, four years of age to participate in Preschool 1 and Preschool 2, & 3 and 5 years of age to participate in Level 1 - Level 6. No exceptions will be made.

Please specify on the registration form when you register if your child has any special concerns that might require extra assistance in the water.

Lesson Rates: Youth & Preschool VASD Resident \$35.00
Youth & Preschool Non-Resident \$57.00

Each child may register for ONE swim (Parent-Tot-Level 7) class at a time. Participants may sign up for a swim lesson and Logrolling or Junior Lifeguarding during the same session. Once they have completed their first session you may register them for opening in other sessions.

Individuals that register their children for more than one session at a time will not be eligible for a refund if they have placed their student in an incorrect class.

NATATORIUM REGISTRATION INFORMATION

1. Online - Best Option

Visit our web page at <http://veronanat.recdesk.com> and login to your account. If you have not signed up before, click on Log-in on the top right of your screen and you will be able to create an account.

Follow the online prompts and complete the process with your credit card. You will receive a confirmation email when you register.

We accept VISA, MASTERCARD, DISCOVER and AMERICAN EXPRESS.

2. Mail-In or Drop Off (if you are unable to register on-line)

You may drop off your completed registration form and payment at the Natatorium during our open hours. Or you may mail your completed registration form and payment to Verona Area Natatorium at the following address:

400B N. Main Street
Verona, WI 53593

Completed Registration forms that are mailed in or dropped off will be processed during work hours (8:00AM - 4:00PM) Monday through Friday.

Please Note:

Registrations must be paid in full; at the time of registration.
Registrations will not be accepted over the phone.

Swim Class Descriptions and Schedules

PARENT/CHILD- 12 Max

A class for ages 6 months to 3 years. At least one adult must attend. Holding and support techniques, safety cues, entering/exiting the water, water adjustment, submerging, submerging in a rhythmic pattern, breath control, exploring buoyancy on front & back, changing directions, gliding on front & back with assistance, swimming on front and back, wearing lifejackets & basic water safety. Socialization, enjoyment of the water and fun.

Preschool 1 - 6 Max

A class for 4 year olds w/o parent. No previous skills required. Skills include: Enter and exit water safely, breath control & submerging, bubble blowing, front glide and back float and recovery, changing directions, treading water arm and hand action, alternate and simultaneous arm and leg actions on front and back and personal and general water safety skills.

Preschool 2 - 6 Max

A class for 4 year olds w/o parent. Prerequisite: Able to demonstrate all Preschool 1 skills. Enter & exit water safely, breath control & submerging, bubble blowing, bobbing, retrieval of underwater objects, front glide, front float & recovery, back glide, back float & recovery, changing directions and positions, treading (5 sec) arm & leg actions in shallow water, combined arm and leg actions on front and back, finning arm actions on back, self help & water safety skills, Exit skills assessment

Preschool 3 - 6 Max

A class for 4 year olds w/o parent. Prerequisite: Able to demonstrate all Preschool 2 skills. Jumping in water safely, fully submerging & holding breath, bobbing with wall for support, front float, jellyfish float, tuck float & recovery, back glide, back float & recovery, changing directions and positions, treading in shoulder deep water (15 sec), combined arm and leg actions on front and back, finning arm actions on back, water safety skills, Exit skills assessment.

LEVEL 1- Introduction to Water Skills - 6 Max

For students ages 5 and up. No previous skills required. Enter and exit water safely, submerging, bubble blowing through mouth & nose, object recovery, front glide & recovery, back glide, back float and recovery, treading arm & leg actions, alternate & alternating arm and leg actions & combined stroke on front and back at least 2 body lengths each. Discuss & demonstrate water safety skills.

LEVEL 2 - Fundamental Aquatic Skills - 6 Max

For students ages 5 and up. Able to demonstrate all Preschool 2 or Level 1 skills. Jumping or stepping from the side, exit water safely, fully submerge, bobbing, object recovery, front float, tuck float, jellyfish float, front glide, front float or glide & recovery to standing, back glide, back float & recovery to standing, changing directions & body position, treading arm & leg actions in shoulder deep water, combined strokes on front & back for at least 5 body lengths, personal & water safety skills.

LEVEL 3-Stroke Development - 8 Max

Prerequisite: The ability to demonstrate all Preschool 3 or Level 2 skills. Deep water skills, jumping into deep water from the side, sitting & kneeling dives, rotary breathing, bobby while moving to safety, survival floating, back float in deep water, changing directions in deep water, treading water in deep water, dolphin kicking on front, 1 length front crawl, 1 length elementary backstroke, scissors kick, water safety skills.

LEVEL 4A-Stroke Improvement - 8 Max

Prerequisite: The ability to demonstrate all Level 3 skills. Deep water bobbing, buoyancy and floating positions in deep water, compact & standing dives, survival float, open turns on front and back, front crawl, elementary backstroke, back crawl, butterfly & sidestroke, general & personal safety.

LEVEL 4B - Stroke Improvement - 10 Max

Prerequisite: The ability to demonstrate all Level 4A skills. Front crawl elementary backstroke, back crawl, butterfly, breaststroke, sidestroke, open turns on front and back pushing off in streamlined position, swimming underwater, feet first surface dives, treading water using different kicks, general & personal safety.

LEVEL 5 - Stroke Refinement - 10 Max

Prerequisite: The ability to demonstrate all Level 4B skills. Shallow-angle tuck surface dives, pike surface dives, front flip turns, back flip turns, treading water for 5 minutes, front crawl & elementary backstroke - 50 meters, breaststroke, butterfly, backstroke & sidestroke - 25 meters, sculling - 30 seconds, water safety.

LEVEL 6A - Swimming and Skills Proficiency - 10 Max

Prerequisite: The ability to demonstrate all Level 5 skills. Level 6A goal is to refine strokes so participants swim them with more ease, efficiency, power and smoothness and over greater distances. Front crawl & elementary backstroke-100 meters, back crawl, breaststroke, sidestroke, and butterfly-50 meters. Open turns and flip turns, HELP & Huddle positions, feet first & headfirst surface dives, back float, survival float, and survival swimming, treading water w/o arms, surface dives in 7-10 feet, water safety skills.

LEVEL 6B-Fitness Swimmer - 10 Max

Prerequisite: The ability to demonstrate all Level 5 skills. Perform the Cooper 12-minute swim test at beginning & end of class. Front crawl & elementary backstroke - 100 meters, back crawl, breaststroke, sidestroke, and butterfly - 50 meters. Open turns and flip turns, circle swimming, using a pace clock, swimming using pull-buoys, fins & paddles, setting up an exercise program, various training techniques, target heart rates, and aquatic exercise.

Youth Stroke Technique 10 Max

Prerequisite: The ability to demonstrate all Level 5 skills. Passed through all the Red Cross Swim Levels? Are you too young to take Lifeguarding? Students will perfect their Front Crawl, Back Stroke, Breaststroke, Sidestroke, Elementary Back Stroke, Butterfly, starts & turns. Swimmers will also work on stroke efficiency and endurance.

Junior Lifeguarding 10 Max - Ages 11-14

This course gives you a jump-start into Red Cross Lifeguarding. Learn how to prevent drowning and diving accidents, reaching and throwing assists, self-rescue, providing care for injuries, leadership skills, develop swimming skills and general physical fitness for lifeguarding responsibilities. To enroll participants should have Level 6 or equivalent swimming skills.



Fall 2019 Swim Class Schedule



Fall Classes are offered on Sundays, Mondays, and Wednesdays
once a week for 6 weeks.

Youth and Preschool lesson fees are:
VASD Residents - \$35.00 Non-Resident - \$57.00

Session H: *Wednesdays, September 18-October 23*

Session I: *Sundays, September 22-October 27*

Session J: *Sundays, November 3-December 15 (no class 12/1/2019)*

Session K: *Mondays, November 4-December 16 (no class 12/2/2019)*

Session L: *Wednesdays, November 6-December 18 (no class 11/27/2019)*

Wednesdays - Class Schedule - Session H - September 18- October 23

6:00-6:25PM	Preschool 2
6:00-6:40PM	Level 2
6:30-6:55PM	Parent/Tot
6:30-7:10PM	Level 2, Level 3
6:45-7:25PM	Level 3
7:00-7:25PM	Level 1
7:15-7:55PM	Level 4A, Level 4B
7:30-7:155PM	Preschool 1
7:30-8:10PM	Level 6A

Sundays - Class Schedule - Session I - September 22 - October 27

5:00-5:25PM	Preschool 1, Parent/Tot
5:00-5:40PM	Level 3, Level 4A
5:30-5:55PM	Preschool 2, Level 1
5:45-6:25PM	Level 2, Level 4B
6:00-6:25PM	Preschool 1
6:00-6:40PM	Level 5
6:30-7:10PM	Level 2, Level 6B
6:30-6:55PM	Preschool 3
6:45-7:10PM	Level 1

Sundays-Class Schedule-Session J - November 3-December 16 (no class 12/1/19)

5:00-5:25PM	Preschool 1, Parent/Tot
5:00-5:40PM	Level 3, Level 4
5:30-5:55PM	Preschool 2, Level 1
5:45-6:25PM	Level 2, Level 4B
6:00-6:25PM	Preschool 1
6:00-6:40PM	Level 5
6:30-7:10PM	Level 2, Level 6A
6:45-7:10PM	Preschool 3

Mondays-Class Schedule-Session K - November 5-December 17(no class 12/2/2019)

6:30-6:55PM	Preschool 1, Parent/Tot
6:30-7:10PM	Level 3, Level 4B
7:00-7:25PM	Preschool 2, Level 1
7:15-7:55PM	Level 2, Level 4A
7:30-8:10PM	Adult Lessons

Wednesdays-Class Schedule-Session L-November 6-December 18(no class 11/27/19)

6:00-6:25PM	Preschool 1
6:00-6:40PM	Level 2
6:30-6:55PM	Parent/Tot
6:30-7:10PM	Level 2, Level 3
6:45-7:25PM	Level 3
7:00-7:25PM	Level 1
7:15-7:55PM	Level 4A, Level 4B
7:30-7:55PM	Preschool 2
7:30-8:10PM	Level 5

Verona Area Natatorium - Fall 2019

A Community Facility for Residents and Non-Residents, owned and operated by the Verona Area School District

845-4635
www.verona.k12.wi.us
400B North Main Street
Verona, WI 53593

Angie Lucas - Director (845-4632) Angie.Lucas@verona.k12.wi.us
Margarita Castellanos Rodriguez - Admin. Assistant (845-4633) castellm@verona.k12.wi.us

Natatorium Swimming Fees and Membership Information

Daily Fees:

Resident Youth - \$2.00	Non-Resident Youth - \$3.00
Resident Adult - \$3.00	Non-Resident Adult - \$4.00

Natatorium - 6 Month Pass

VASD Individual - \$55.00	Non-Resident Individual - \$110.00
VASD Family - \$95.00	Non-Resident Family - \$135.00

Natatorium Annual Pass 2018-19 Begins on the date of Purchase)

Resident Single - \$110.00	Non-Resident Single - \$220.00
Resident Family - \$190.00	Non-Resident Family - \$270.00

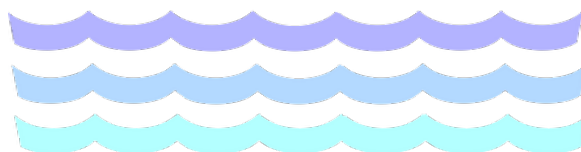
General Information

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Resident/Non Resident

A Resident is defined as anyone that resides within the Verona Area School District.
A Non-Resident is anyone who resides outside the Verona Area School District.



Natatorium Mail-In/ Drop-Off Registration Form

Verona Area Natatorium
 400B N. Main Street
 Verona, WI 53593
 www.verona.k12.wi.us

Step 1 - Family Information

Family's Last Name _____ Phone _____
 Address _____ City/State _____ Zip _____
 Name of Father (if participant is under 18) _____ Cell Phone () _____
 Name of Mother (if participant is under 18) _____ Cell Phone () _____
 _____ VASD Resident _____ VASD Non-Resident
 E-mail Address _____
 Name of Emergency Contact _____ Phone# _____

Step 2 - Waiver

I, the undersigned do hereby agree to allow the individual named herein to participate in the activities indicated. I am aware and understand there may be potential risk inherent with participation in any recreation activity, and that the Verona Area School District does not provide accident insurance and cannot assume responsibility for injury to any participants in the recreation programs. I further understand the eligibility requirements for the program as stated in the department brochure and that no refunds will be given unless my spot can be filled or the department changes a class.

Participant/Parent/Guardian Signature _____ Date _____

Step 3 - Participant Information

Participant First & Last Name	Age	Date of Birth	Class Title	Session	Time	Cost

Please list any Health concerns/special needs: _____

Step 4 - MAIL-IN/DROP-OFF FORM at the Natatorium - 400B North Main Street, Verona, WI 53593

Payment is due in full at time of registration, no phone registrations will be accepted.

Make check out to VASD (Verona Area School District)


MARK YOUR CALENDAR! We do not mail confirmations.

Total Fee Due \$ _____
Check Number _____
Cash _____
Date Processed ____/____/____
Staff Initials _____

Verona Area School District
700 N. Main Street
Verona, WI 53593
School & Community - United for Excellence

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Community Education is a philosophy of education and a system for improving delivery of a community's educational services that positively affects the quality of life for all community members. By developing school-community partnerships community education results in the coordination and sharing of resources, citizen participation, and life-long learning.



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